



CAREER & TECHNICAL EDUCATION AREA



VINCENNES UNIVERSITY

KINESIOLOGY - EXERCISE SCIENCE

PROGRAM DESCRIPTION

This program offers a broad two-year transfer curriculum in Kinesiology and Sport, providing students with a strong foundation in liberal studies and professional preparation while allowing flexibility in course selection to support smooth transfer into four-year institutions. Students may pursue pathways leading to specialized areas such as strength and conditioning, sports medicine, exercise science, sport management, athletic training, cardiac rehabilitation, sports administration, marketing, media, aquatics, or recreational sports. The curriculum delivers the first two years of preparation for these fields, with some areas requiring specific coursework at Vincennes University or the intended transfer institution. Students receive high-quality instruction and practical experience to support success in competitive exercise and sport-related programs.

CERTIFICATES

Physical Fitness Leadership 3150, C.P.C.

DEGREES TO PURSUE UPON COMPLETION OF PROGRAM

- Biological, Biomedical Sciences - Exercise Science Concentration 4021, A.S. Transfer
- Kinesiology and Sport 3100, A.S. Transfer
- Kinesiology and Sport, Sports Management Concentration 3101, A.S. Transfer

DOE CODES

7320 Principles of Exercise Science
7321 Kinesiology
7322 Human Performance

VU ADVISOR: MISTY BOHNERT

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ADDITIONAL INFO

GRADE LEVEL: 11TH OR 12TH

LENGTH OF PROGRAM: 1 YEAR - 1/2 DAY

HS CREDITS PER SEMESTER: 3

HS CREDITS PER YEAR: 6

VU KINESIOLOGY WEBSITE



COURSE INFO



FALL SEMESTER COURSES:

PHED 150 - Introduction to Kinesiology and Sport
(3 Cr Hrs) MWF 9:00am - 9:50am

PFWL 100 - Lifetime Fitness/Wellness
(3 Cr Hrs) MWF 10:00am - 10:50am



SPRING SEMESTER COURSES:

HLTH 201 - Personal Health Science
(3 Cr Hrs) MWF 10:00am - 10:50am

PHED212 - Introduction to Exercise Science
(3 Cr Hrs) T/TH 9:30am - 10:45am



FEES:

Course Fees:

Fall Semester - \$ TBD

Spring Semester - \$ TBD

VU Technology Fees*: \$20 per Credit Hour

Tuition: Twin Rivers pays ALL CTE course tuition. Student pays for fees and books.

*FEES ARE APPROXIMATE AND COULD VARY FROM YEAR TO YEAR.